

HELPING HANDS

Building Lives After Brain Injury

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Letter from: Andy

Lakeview's Commitment to Excellence

As the Chief Operating Officer of Lakeview, I am immensely proud to share the remarkable achievements of our dedicated team. For the past four years, I have had the honor of working alongside some of the most compassionate, innovative, and resilient individuals in healthcare. Our facility, home to an LTACH, an IPR unit, and a residential program (CBRF), stands as a beacon of hope and excellence in Waterford, Wisconsin.

Our team has faced significant challenges over the years, including the unprecedented trials brought on by COVID-19, staffing shortages, and financial hurdles. Yet, through each obstacle, we have not only persevered but thrived, continuously delivering top-tier care to those who need it most. Our ability to adapt and overcome is a testament to the strength and dedication of our staff.

Consider the story of a LTACH patient who came to us when other facilities could not provide the necessary care. Through the tireless efforts of our clinical team, this patient, once facing bleak prospects, regained strength and mobility, eventually transitioning to a less intensive care setting. This is just one example of the many lives transformed within our walls, thanks to the unwavering commitment of our healthcare professionals.

Our IPR unit, which opened in 2023, has been a sanctuary for those recovering from severe injuries. Our therapists and nurses work hand-in-hand to craft personalized rehabilitation plans. The progress we see in our patients, from taking their first steps to regaining independence, is a direct result of the ingenuity and dedication of our team.

In our residential program, we provide a nurturing environment for individuals who require long-term support. Our staff's creativity and diligence ensure that every resident feels valued and empowered, experiencing a quality of life that is both fulfilling and dignified. The bonds formed here between caregivers and residents are a beautiful reflection of our core values.

Despite the challenges, Lakeview's spirit remains unbroken. Our staff has shown remarkable resilience, often going above and beyond to ensure that our patients and residents receive the highest standard of care. From the nurses and therapists to the support staff and administrators, each member of our team plays a crucial role in our success.

We are making a difference every day. Our commitment to excellence in care is unwavering, and our positive outlook drives us to continually improve and innovate. The stories of recovery and transformation that emerge from Lakeview are a testament to our collective efforts.

Thank you to each and every one of you for your hard work, your compassion, and your dedication. Together, we have built a facility that not only meets but exceeds the expectations of those we serve. Lakeview is a place where miracles happen, and it is all because of you.

With deepest gratitude and pride,

Andy Olivares
Chief Operating Officer





Early Saturday morning, July 6, 2024, John Toomey was in a 1946 J-3 Piper Cub owned by his friend, Casey. It was an awesome, perfect summer morning! He caught a bird's eye view of Lakeview Specialty Hospital





Staff Achievements: Tobie Johnson, RN, and Nicole Greider, QI Coordinator, successfully completed the WALA CBRF Administrator Course, enhancing their professional development and capacity to tackle daily challenges.

Lakeview is proud to have you on our team!

Additionally, we are excited to welcome Kim Savage as the new Director of Adult Residential Services. Her contributions are expected to enhance the exceptional care provided to our residents.

Welcome to the team, Kim!





In November 2023, we celebrated the grand opening of a new pharmacy, providing an organized space and proper workflow for the pharmacy staff: Ray, Elizabeth, Rebecca, Gayle, and PRN staff.



We are excited to relaunch our Vocational Therapy Program via the Waterford Market. This initiative aims to provide additional support and opportunities for our patients and residents.

*Inspiring Patient Stories***CASE STUDY 1****Rapid Rehabilitation Success: LP's Journey to Recovery**

Patient Information:

- Age: 17 • Gender: Male • Weight: 126.4 lbs
- Diagnosis: Diffuse traumatic brain injury without loss of consciousness, initial encounter • Physician: Dr. Stefanie Ruffolo
- Admission Date: May 17, 2024 • Discharge Date: June 5, 2024

Background: We are thrilled to share an inspiring story of resilience and rapid recovery, a story that could not have been possible without your support. This month's spotlight is on LP, a remarkable 17-year-old who overcame significant challenges following a traumatic brain injury. His journey from injury to recovery in just over two weeks is a testament to the power of comprehensive rehabilitation and patient determination, a journey of which you were an essential part.

Meet LP: LP, a 17-year-old male, was admitted to a Level 1 trauma center with multiple gunshot wounds (GSWs), resulting in penetrating brain injury, GSW left cheek, left frontal, left occipital intra-parenchymal hemorrhage, intraventricular hemorrhage, subdural hematoma. LP suffered a diffuse traumatic brain injury without loss of consciousness.

The Road to Recovery, An Interdisciplinary Approach: At Lakeview, we believe in a holistic, patient-centered approach to rehabilitation. LP's care team included specialists from occupational therapy, physical therapy, and speech-language pathology, all working together to create a tailored rehabilitation plan.

Progress: LP demonstrated significant improvements in gait, endurance, and overall activity tolerance. By the end of the week, he could walk with minimal assistance and complete more complex physical tasks with supervision.

Conclusion: LP's story is a powerful reminder of the potential for rapid recovery with the right support and motivation. At Lakeview, we are proud to be part of such life-changing journeys. Sometimes, we see miracles happen at Lakeview. With the patient coming in comatose to walking out to his brother's graduation, LP's is a story for the books and a great reminder of our staff's HEALING HANDS. I hope you all come to work filled with hope, enthusiasm, and gratitude for the lives saved and the lives you will be touching in the future. Stay tuned for more inspiring stories in our upcoming newsletters.

Full case study available on request. Written by Nitesh Kumar, MD, and reviewed by Mustansir Majeed, MD.

*Inspiring Patient Stories***CASE STUDY 2****Transforming Lives with Dedicated Helping Hands**

Patient Overview:

- Age: 60 Admit Date at Lakeview LTAC: April 6, 2024 Discharge Date: June 26, 2024
- Previous LTAC Facility: Kindred in Chicago Weight upon Admission: 568lbs
- Primary Diagnosis: Other malaise Physician: Dr. Mustansir Majeed

AM's Extraordinary Journey to Recovery, Staff Going the Extra Mile:

AM's story is just one example of the exceptional care provided at Lakeview's LTAC. Our team's dedication to patient-centered care, innovative treatment approaches, and relentless advocacy set us apart. We are proud to share AM's success as a reflection of our commitment to positively impacting our patients' lives.

History of Present Illness: AM, a 60-year-old male with a significant history of morbid obesity, obstructive sleep apnea dependent on CPAP, lymphedema, and multiple other comorbidities, was admitted to Highland Park Hospital on February 28, 2024. He presented with decreased lower extremity strength, an inability to walk, and diarrhea with bloody stools. His condition required specialized care, leading to his transfer to Kindred's LTAC in Chicago before arriving at Lakeview.

Initial Condition: Upon admission to Lakeview, AM was severely obese, weighing 568 lbs, with a BMI of 74.9. He was non-ambulatory and required extensive assistance with daily activities due to general weakness and limited mobility. His condition included chronic venous stasis ulcers, obstructive sleep apnea, and lymphedema.

Innovative Interventions and Comprehensive Care: At Lakeview, we believe in going the extra mile to ensure our patients receive the best possible care. For AM, this meant developing a multifaceted treatment plan that addressed his unique needs. Our dedicated team of therapists, nurses, and physicians worked tirelessly to implement the following interventions:

Going the Extra Mile: Advocating for Ozempic: AM's weight loss journey received a significant boost when our team recognized the potential benefits of Ozempic (semaglutide) for his condition. Despite the medication not being a standard requirement, our team wrote letters to his insurance provider advocating for coverage. While certainly not mandated, this effort stemmed from Lakeview's commitment to AM's health and well-being.

Medication Management:

Ozempic Initiation: AM was started on Ozempic at Lakeview to assist with weight loss. The medication regimen included an injection of 2 mg every 7 days.

Other Medications: Besides initiating the use of Ozempic for weight loss, Lakeview continued to manage AM's existing medications, including anticoagulants, antihypertensives, and therapeutic management for pain and inflammation.

*Inspiring Patient Stories***CASE STUDY 2 (cont.)****Transforming Lives with Dedicated Helping Hands**

Remarkable Progress and Achievements: AM's progress at Lakeview's LTAC was extraordinary. The combined efforts of our multidisciplinary team and the inclusion of Ozempic in his treatment plan led to remarkable outcomes:
Weight Reduction: With the introduction of Ozempic and a structured weight loss program, AM achieved a significant weight reduction, losing over 35 lbs during his stay at Lakeview.

Increased Independence: AM progressed from needing maximum assistance to performing many ADLs with minimal assistance or supervision. He became proficient in using adaptive equipment for bathing, dressing, and toileting.
Enhanced Mobility: AM's ability to ambulate improved significantly. He went from being primarily bedridden to walking short distances with a bariatric walker and completing transfers with minimal assistance.

Strength and Endurance: AM's muscle strength and overall endurance improved, enabling him to tolerate longer therapy sessions and engage more actively in his rehabilitation program.

Self-Advocacy: Education on self-advocacy and self-care strategies empowered AM to take more control over his health and rehabilitation process.

A Bright Future Ahead: AM's journey at Lakeview is a testament to the dedication, innovation, and compassion that our team brings to each patient. By going the extra mile and advocating for treatments like Ozempic, we were able to help AM achieve substantial weight loss and improved functional independence. As he transitions home, AM is equipped with the skills and confidence to continue his rehabilitation journey independently.

Conclusion: The multidisciplinary approach at Lakeview, emphasizing personalized care and patient empowerment, played a crucial role in AM's successful rehabilitation. His journey highlights the importance of tailored therapeutic interventions in achieving positive outcomes for patients with complex medical needs.

Full case study available upon request. Written by Nitesh Kumar, MD, and reviewed by Mustansir Majeed, MD.



Photo by Ellie

Patrick M., a former patient of the IPR Hospital at Lakeview, was bestowed the title of Prom King! Pictured below is Patrick delighting in the event at Elder Care following his discharge from Lakeview.

Southern Lakes Newspaper

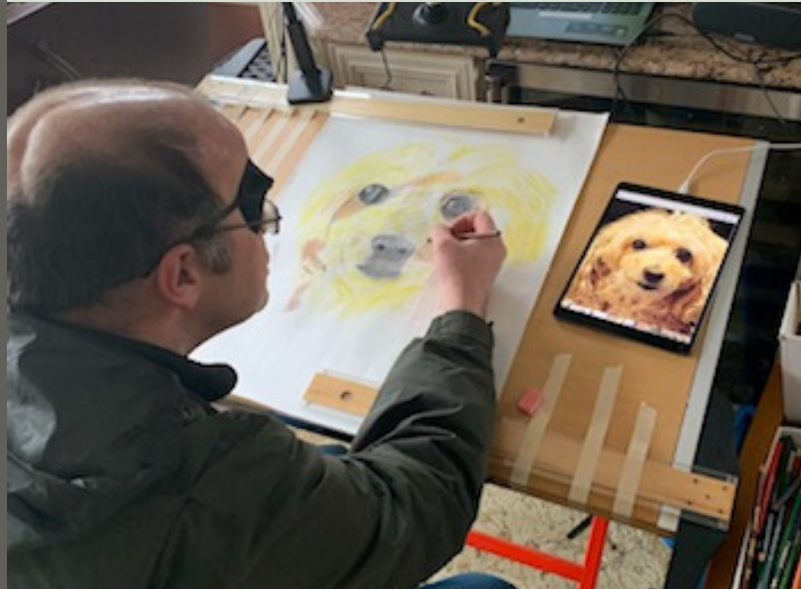


Expressive Mind



Art often works well as a complement to other traditional therapies and...

it can be used to help treat mental health conditions because it can improve focus



assists with processing emotions, improving communication, and increasing self-esteem



Justin B. - CBRF 2