

Lakeview Specialty Hospital and Rehabilitation Center

CLINICAL PSYCHOLOGY

DOCTORAL INTERNSHIP

2014-2015

APPIC NMS Program #: 1916-11

TRAINING MISSION

The major goal of the doctoral internship training program at Lakeview Specialty Hospital and Rehab is the development of psychologists who have the knowledge, skills, and self-awareness necessary to deliver psychological services to diverse populations, and who practice competently and independently in a professional, empathetic, and responsible manner. We provide opportunities for doctoral interns to examine a broad range of psychological problems, to develop depth of skill in particular areas of specialization, and to gain practical experiences as preparation for successful entry into post-doctoral or entry-level professional positions.

INTRODUCTION

The Department of Psychology Services at Lakeview Specialty Hospital and Rehabilitation Center has offered a doctoral internship program in clinical psychology which provides comprehensive clinical training to qualified students since 2003. The training program provides a major focus on assessment and treatment within the context of a child and adolescent residential program and a minor focus with adult health psychology and neuropsychology in an adult hospital setting. For the 2014-15 training year, three full time internship candidates will be selected.

Lakeview Specialty Hospital and Rehabilitation Center offers a diversity of treatment programs to the patients and residents it serves, and all of the training experiences are contained within its immediate campus. Lakeview offers a comprehensive range of services to children from age six to geriatric in the following programs:

- day school with special education services
- child and adolescent residential treatment program
- adult residential (on site group home)
- long-term acute care hospital with neurobehavioral rehab program
- outpatient mental health clinic

Through their supervised training experience, doctoral psychology interns have the opportunity to participate in and develop a broad array of clinical skills, including:

- personality and psychological assessment
- brief cognitive screening
- competency evaluation
- neuropsychological assessment
- behavioral analysis
- individual, group, and family psychotherapy
- suicide risk assessment
- staff consultation and training
- participation in interdisciplinary staffing and team meetings

- individualized data collection
- individual behavior plan development
- IEP development and implementation
- neurobehavioral programming

The doctoral intern can select from among the full range of services to suit their training goals and interests.

The Lakeview Specialty Hospital and Rehabilitation Center Internship has been accepted and is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). Lakeview adheres to all APPIC Match policies.

TRAINING PHILOSOPHY

The Lakeview Internship expects to contribute to the development of highly skilled professional psychologists who can apply their skills to clients with multifaceted needs. Our intent is to help interns create a flexible and individualized training experience that builds on their existing strengths and broadens their clinical experience. The Lakeview doctoral internship employs a variety of training supervisory methods (e.g., individual and group supervision, observation, demonstration, seminars, therapy group co-facilitation, staffings, team meetings, etc.). It is the goal of the doctoral psychology training program at Lakeview to incorporate research validated best practice techniques and interventions to bolster the interns' skill development while providing the highest standards of treatment to the complex and varied needs of the consumers we serve.

The comprehensive rehabilitation center and specialty hospital setting provides rich, diverse, and unique training opportunities for doctoral interns. In addition to the spectrum of psychological, neuropsychological, and behavioral disorders, interns become familiar with the goals, roles, practices, and struggles of interdisciplinary staff including occupational, speech, respiratory, activity, and physical therapists, dietitians, nurses, aides, behavior analysts, consulting physicians, psychiatrists, pharmacists, direct care staff, etc. Interns learn how to facilitate interdisciplinary team functioning and provide practical suggestions for working with distressed or behaviorally challenging clients and families.

Interns learn to use their expertise in the biological and social bases of behavior to help staff understand maladaptive behaviors interfering with treatment and means of addressing or working around these obstacles. Interns learn the language of rehabilitation (e.g., functional independence measures) and participate in ethical deliberations on issues surrounding patient care, safety, confidentiality, autonomy, competency, etc. Interns learn and apply specialty skills needed for this setting, including skills in applied behavior analysis and intervention as well as rehabilitation oriented neuropsychological assessment and treatment. These guided experiences aim to hone skills that a clinician will need to develop a future psychological practice and especially to be able to apply these skills in the non-traditional but fastest growing areas of psychological practice.

The Director of Training serves as an information source until the internship officially begins, then as advisor for the intern while planning their training program for the year. In consultation

with the Director of Training, interns may adapt their training schedule as new interests emerge. The Director of Training is available throughout the year for advice regarding problems that may arise, and for feedback concerning the intern's progress.

Education and training are viewed as continuous and interactive processes, beginning with close supervision and working toward the development of critical thinking skills and conceptualization capacity toward clinical independence. Each intern will have at least two psychologists serving as direct clinical supervisors during the training year. Interns can expect at least 2 hours of individual face-to-face supervision per week as well as group supervision. The Director of Training and the Training Committee will monitor the overall quality of the training experience and the quality of the specific supervision arrangement.

CORE COMPETENCIES

Interns are expected to participate in a wide range of training experiences, regardless of whether they have already identified a specialty focus. Core competencies that the doctoral can expect to enhance through the Lakeview internship program include facility with a variety standardized assessment instruments (cognitive, intellectual, and psychological), ability to integrate available client information and facts into a full conceptualization and understanding of social, environmental, developmental, neuropsychological, etc. that contribute to the resident's current presentation, and to develop the doctoral intern's ability to formulate a related treatment plan with research validated interventions and measureable outcome objectives. Additionally, each intern will become proficient in exercising the ability to communicate, orally and in writing, and to enhance their ability to appreciate the perceptions and perspectives of others, in ways that are necessary to perform as successfully as a member of an interdisciplinary care team member.

Treatment of consumers within a residential care setting is a core skill identified by the Training Committee to be part of every Lakeview intern's training experience. The doctoral intern will have opportunities to participate in treatment team meetings (with psychiatry to review medication management, with the core team to review treatment interventions and related responses, with direct care staff to provide instruction on implementation of individualized behavior plans policy implementation, and with the program's behavior analysis team to work jointly on development and ongoing updates with individualized behavior plans) and resident staffings, offer individual, family, and group psychotherapy, and offer milieu programming including behavioral intervention, feedback, training, and coaching. The intern will also have opportunities to refine and apply specialty skills including behavioral consultation (functional analysis, plans, monitoring, coaching, etc.).

The Residential Treatment requirement is intended to meet the following training goals:

- to learn diagnostic interviewing and develop treatment strategies;
- to gain proficiency in administration of cognitive, intellectual, and psychological assessment instruments
- to build skills with case conceptualizations and ability to integrate client data into functional therapy goals with measureable outcome objectives

- to utilize the range of therapeutic options available in inpatient medical and residential treatment settings;
- to function as an integral member of a multidisciplinary treatment team;
- to develop facility in performing behavioral assessments, developing behavior intervention plans, and training staff through modeling, coaching, debriefings, and feedback;
- to express logically and concisely (both verbally and in writing) the relevant history, formulation, recommendations and treatment progress;
- to gain familiarity with medical-related issues relevant to psychological disorders, such as pharmacotherapy and co-existing medical illnesses as well as to appreciate the role of psychological factors in the treatment of medical disorders; and
- to gain familiarity with legal issues, such as patient's rights, commitment laws, confidentiality, etc.

Creating a Training Schedule

The Lakeview Internship provides training through concurrent major and minor rotations throughout the twelve month internship calendar. Key to training schedule development is the assurance of close and ongoing supervision and that doctoral interns are providing at a minimum, 25% of their time in direct face-to-face clinical service activity. The major rotation will involve the intern in the provision of care to children and adolescents on a residential treatment program that also houses an onsite day school program. The day school program serves both residents of Lakeview as well as students within the community who struggle with behavior management needs that cannot be met within their own school districts.

Minor rotation opportunities will be available through a 20 bed CBRF (on site group home), an adult long-term acute care hospital based program (housing medically complex, rehabilitation, and neurobehavioral patient treatment programs), and an outpatient mental health clinic. The doctoral intern will be offered flexibility in creating a training schedule for the year in consultation with their Director of Training to both meet core competency requirements and allow focus on each intern's specific and unique training interests.

DESCRIPTION OF PROGRAMS AND SERVICES

Child and Adolescent Residential

Lakeview Specialty Hospital and Rehab's Joint Commission and CARF certified Child and Adolescent Residential Care Program excels in meeting the emotional and social needs of children and adolescents with medical, physical and cognitive challenges compounded by behavioral issues. Our multi-disciplinary program integrates medical management, nursing care, and education in an environment where young people can play, grow, learn, and thrive. This unit provides residential treatment services for up to 25 clients ages 6-17 referred from multiple counties, hospitals, schools, other states, etc. The patient population presents a full range of behavioral, psychiatric, medical, and neuropsychiatric conditions, including emerging presentations of severe mental illness (schizoaffective, bipolar, etc.), as well as substance abuse, conduct disorder, ADHD, PTSD, fetal alcohol effects/syndrome, autism, Asperger's, and oppositional-defiant disorder. Many of these children also have concomitant medical and neurological disorders (e.g., PKU, diabetes, encephalopathy, brain tumors, shunts, epilepsy,

juvenile Huntington's/Parkinson's disease, etc.). Average length of stay is approximately six to nine months with some variability.

Lakeview provides academic services to children and adolescents, both residents of Lakeview and from the community, within our onsite school program. Accredited by the North Central Association of Colleges and Schools (CASI), Hillside School's special education environment ensures Individualized Education Plans are tailored to meet the needs of each student in a highly structured program. Based on a behavior model, the accredited K-12 year-round curriculum combines academics with independent living and prevocational training. It is the mission of the Hillside School to provide the necessary skills and academic foundation to build the character, self-respect, and functional independence necessary to optimize each student's reintegration into the public schools and community.

Training opportunities for interns provide a balance of assessment and treatment interventions including individual and family therapy, group therapy (aggression replacement training, substance abuse prevention, relaxation, human development, tele-therapy, etc.), psychological assessment, neuropsychological assessment, behavioral intervention, and participation in interdisciplinary treatment teams and clinical conferences – both on the unit and in our on-site accredited school as well as on therapeutic community outings.

Adult Residential (minor emphasis)

Lakeview has a 20 bed adult residential treatment program licensed as a community based residential facility (CBRF) for individuals with brain injuries or other medical disabilities and concomitant psychiatric and/or substance abuse conditions (including Wernicke-Korsakoff spectrum disorders). Training opportunities for interns provide a balance of psychological assessment and treatment interventions including individual and family therapy, group therapy (possible group choices include: social skills, anger management, brain injury support, coping skills, transition to adulthood, narrative therapy, etc.), assessment, neuropsychology, behavioral intervention, and participation within interdisciplinary treatment teams.

Hospital (minor emphasis)

The hospital program at Lakeview is a Joint Commission accredited program that houses the state of Wisconsin's only certified neurobehavioral treatment program and carries a long history of specialization in treatment of individuals who have suffered cognitive, behavioral, and personality alterations as a consequence of their neurological conditions. At Lakeview, our goal is to enable individuals with acquired brain injuries, neurobehavioral impairments, and other complex medical disabilities to achieve the highest level of functional independence possible. Due to the experience, dedication, and compassion of our staff, we can treat some of the most challenging and difficult to place individuals.

Patients admitted to the hospital program typically receive interdisciplinary treatment – either long-term acute care or rehabilitative – for medical conditions such as traumatic brain injury, stroke, encephalitis, brain tumor resection recovery, orthopedic injury, kidney disease, wound care, morbid obesity, pulmonary disease, ventilator weaning, diabetes, etc. In addition to

psychology staff, other disciplines involved in treatment include nursing, various medical specialties (internal medicine, physical medicine and rehabilitation, pulmonology, nephrology, psychiatry), nutrition, pharmacy, occupational therapy, speech therapy, and physical therapy. Training opportunities for doctoral interns are available through a medical consultation model and include psychological and neuropsychological assessment, as well as treatment interventions including individual and family therapy and behavioral intervention.

Outpatient (minor emphasis)

Lakeview also houses an outpatient behavioral health clinic devoted to providing assessment, consultation, and treatment services. Outpatients may come in as part of aftercare from our hospital-based services to promote a successful transition to community-based living or come from the community to receive support and assistance in reaching their individual behavioral and mental health goals. Services provided, and which doctoral interns may select to participate with, include provision of competency evaluations, disability evaluations, evaluations for Department of Vocational Rehabilitation to facilitate job re-entry, neuropsychological evaluations, psychological assessments, and individual and family therapies for child, adolescent, and adult consumers.

DESCRIPTION OF TRAINING ROTATIONS

Child and Adolescent Residential, Major 12 month Rotation
Principal Supervisors: Jamie Roberts, Psy.D.
Cindy Sorenson, Psy.D.

Lakeview Specialty Hospital and Rehab's RCC treatment units serve up to 25 youth aged 6 - 17 with severe psychological, medical, and behavioral concerns. Children placed within the RCC units at Lakeview Specialty Hospital and Rehab have a history of various psychopathology including Schizophrenia, Bipolar Disorder, Attention Deficit Hyperactivity Disorder, Post Traumatic Stress Disorder, Depression, Anxiety, as well as a multitude of alternate concerns. In addition, youth served many times have accompanying medical diagnoses and illnesses that are long-term and / or progressive in nature. Medical diagnoses have incorporated Traumatic Brain Injury, Huntington's Disease, and severe Seizure Disorders in addition to many others. It is also important to note that the youth served within the RCC treatment program have a variety of attachment related concerns in addition to severe trauma histories that have impacted their growth and development in such a manner that it has impacted the nature of their family dynamics and interpersonal relationships.

In addition to the two RCC treatment units the Hillside School is an accredited educational facility that exists within the RCC treatment program. The Hillside School offers a year round educational program for the youth undergoing treatment at Lakeview Specialty Hospital and Rehab. There are four distinct classroom settings that offer instruction to elementary school youth, middle school / junior high school age students, senior high school program participants, and language based youth many of whom reflect varying levels of disability and children on the Autism spectrum.

As part of the RCC treatment program Doctoral Psychology Interns will carry a caseload of 8-10 youth who reflect the aforementioned psychological and medical based concerns. In their treatment of these youth Doctoral Interns will complete intakes and psychosocial assessments in addition to a neuropsychological screen as part of their treatment process. As clinicians, the Doctoral Intern will conduct twice weekly, hour long psychotherapy sessions with all of the patients on their caseload in addition to group psychotherapy sessions. Group psychotherapy is designed by the Doctoral Interns in conjunction with and co-facilitated by the Psychology and Clinical Team participants. Group psychotherapy many times addresses concerns pertinent to the issues that are reflected by the youth in the therapeutic milieu with a focus on the development of healthy relationships. Aside from psychotherapy based treatment services Doctoral Interns will complete psychological assessments and complete psychological batteries when warranted, as determined by the Psychology team, on the youth that they serve.

As members of a multidisciplinary treatment team Doctoral Interns are expected to be present and participate in monthly staffings and treatment team meetings that are conducted with all members of a youth's team, including the Director of Residential Services for Children, the Case Manager, the Director of Education, Teachers, Parents / Guardians, and the youth themselves. Similarly, Pre-Doctoral Interns also provide input at weekly medication review meetings with the Child and Adolescent Board Certified Psychiatrist and Clinic Nursing Team, as well as weekly meetings with the Clinical Team.

Supervision within the Pre-Doctoral Internship program includes twice weekly hour long individual supervision, as well as weekly hour long group supervision with the Director of

Residential Services for Children as well as staff Psychologists and consulting Psychologists. In addition, weekly classroom observation / group supervision is another unique component of the supervisory and learning process for the Doctoral Interns.

The Doctoral Internship in Psychology at Lakeview Specialty Hospital and Rehab is a challenging and unique experience that provides students with an opportunity to expand upon their clinical skills with youth who many times are unable to succeed in more traditional placements. As these youth suffer from a multitude of extreme behavioral and psychological concerns Doctoral Interns are exposed to clinical cases that are not only rare in their presentation but cases that one may not encounter ever again due to the rare nature of many of these disorders.

Adult Hospital/NPSY, Minor Rotation
Supervisor: Cindy Sorenson, Psy.D.

Rotation Description:

The hospital program at Lakeview houses the state of Wisconsin's only certified neurobehavioral rehabilitation program and also treats patients with a variety of complex medical needs, including specialized wound care, ventilator weaning and respiratory management, and chronic infections. Psychology services work as a part of a multidisciplinary treatment team to ensure maximum patient participation in rehabilitation programming, assist in optimizing patients psychological status, and development toward beneficial and mutually agreed upon discharge objectives. Interns will learn the consultation role in a hospital setting, working in collaboration with a multidisciplinary treatment team. Key skills to be developed include:

- cognitive assessment (including brief cognitive screenings, full neuropsychological evaluations, and competency evaluations),
- mental health and substance abuse screening,
- working effectively with interdisciplinary team members toward unified goals,
- motivational enhancement for lifestyle behavior changes to best promote health and recovery (re: diabetes management, weight control, exercise, substance abuse, stress management, etc.),
- counseling patients with neurological and other newly acquired impairments to most fully develop their understanding of their disability to assist their coping capacity,
- assisting patients with adjustment to disability,
- counseling families to enhance their understanding of the patient's strengths and needs,
- written and verbal communication capacities.

Schedule of Training Activities:

The hospital rotation is a minor internship rotation that will run concomitantly with the major pediatric rotation throughout the 12 month training year. Time devoted to the hospital rotation

can be flexible, subject to issues including each intern's level of interest, the intern's ability to complete work on the major rotation in a timely basis, and fluctuations in census. Hospital activities will be scheduled around responsibilities of the major pediatric rotation, including core meetings, staffings, groups, treatment schedules, etc. Interns will have the opportunity to observe and complete psychology intake evaluations as well as full neuropsychological batteries and reports during the hospital rotation. In addition, interns will have the opportunity to carry a limited caseload of therapy patients from the hospital program if they choose.

Supervision:

Supervision will be provided by Dr. Sorenson for work completed on the hospital rotation. Doctoral Interns can expect to work in close collaboration, with all intake assessments and interviews completed jointly to provide opportunities to learn by modeling with gradual shifting toward the intern's autonomy. This format of close collaboration also allows for immediate feedback to build the intern's skill set, and on-going opportunities for the intern to ask questions to best develop competence in this setting. Interns will have the opportunity to review model reports and to receive feedback to develop their own report writing skills within a consultation framework. Doctoral Interns will also receive scheduled supervision to review treatment objectives, interventions, and related progress with their individual therapy caseload.

Expected Competencies:

Assessment:

- Doctoral interns will demonstrate competence in assessing and diagnosing patients with a variety of neurological conditions by demonstrating the ability to build rapport, conduct an interview, assess behavior, administer a mental status examination, incorporate available collateral information, and correctly use the DSM diagnostic system.
- Doctoral interns will demonstrate competence in generating, interpreting, and communicating clinical information about hospital patients by accurately administering and interpreting assessment tools and communicating orally and in writing clear and concise clinically relevant information.
- Doctoral interns will show proficiency with administration of cognitive screenings to provide preliminary treatment planning and monitor ongoing progress

Intervention:

- Doctoral interns will demonstrate competence with planning and implementation of a variety of intervention strategies, including counseling to enhance awareness neurologically based deficits, adjustment to disability, motivation to participate in rehab therapies, motivation to make behaviorally-based lifestyle changes to promote their health and recovery, and management of symptoms of depression and anxiety as well as substance abuse counseling.
- Interns will have the opportunity to work with patient families to provide basic brain injury education, supportive counseling interventions, and intervention strategies to assist with behavior control.
- Interns will have the opportunity to participate in behavior management interventions, individualizing behavior monitoring with data tracking devices, teaching direct care effective control strategies, conducting skill building with patients, writing behavior

management protocols, and working with the treatment team to support maximum participation in rehab.

Consultation and Communication:

- Progress notes, written reports, and oral accounts will reflect accurate conceptualization skills and an ability to communicate clinical information clearly and concisely.

SUPERVISION AND TEACHING METHODS

Lakeview Specialty Hospital and Rehab recognizes the critical role of supervision in forming collaboration with each doctoral intern that best fosters the shaping and development of their ability to think critically and clinical skills. Consequently, several opportunities to work with supervisors and other psychologists, observe psychologists, and be observed by and receive feedback from supervisors have been built into the training schedule. In addition to these scheduled opportunities, psychology team members and supervisors are available on a flexible, “as needed” basis to provide support and guidance throughout the training year. Following is a description of scheduled opportunities for supervision and collaboration with program psychologists and supervisors.

Individual Supervision

While participating in the psychology training program at Lakeview Specialty Hospital and Rehab, doctoral interns will be supervised exclusively by members of the psychology services staff. Doctoral interns will have a fixed schedule of at least 2 hours of individual, face-to-face supervision each week by licensed psychologists. To meet various states’ most stringent requirements for licensure of new psychologists, at least one of the licensed supervising psychologists will have been licensed for a minimum of three years. In addition, the licensed psychologists responsible for supervision and clinical oversight for the cases they are supervising will be available on an “as needed” basis to provide extra support, guidance, and intervention on an ongoing basis.

Didactic Seminars

The psychology doctoral training program at Lakeview Specialty Hospital and Rehab will provide scheduled didactic trainings as well as various means of group supervision to bolster the doctoral intern’s training that meets and exceeds the two hour per week minimal requirement set by APPIC. Each week, didactic seminars are provided for 90 to 120 minutes covering professional development and clinical skills development relevant to service delivery at Lakeview. Presently, didactic seminars are scheduled every Wednesday from 11:00-1:00. These didactic sessions are geared specifically to the doctoral interns’ training needs. While topics presented to interns may vary to best address current treatment needs and clinical presentations of current consumer populations, topics have included the following:

- Introduction to psychological and behavioral sequelae of brain injury

- Introduction to child and adolescent cognitive screening and evaluation
- How to translate neuropsychological test data into a usable case conceptualization and tailored recommendations
- Suicide risk assessment and management
- Substance abuse assessment and treatment planning
- Attachment and its impact on development and treatment
- Transference and countertransference
- Attachment based treatment strategies for adolescent youth
- Using dialectical behavioral therapy
- Cultural diversity and its impact on therapeutic treatment
- Recognizing and reporting child abuse
- Ethical dilemmas in residential treatment
- Neurophysiology of bipolar disorder
- Neurophysiology of ADHD
- Understanding and managing reactive attachment disorder
- “Whole brain” approach to child development
- Assessment of child psychosis and violent behavior
- “Beyond consequences” approach to trauma informed care for children
- Understanding Wernicke-Korsakoff spectrum and other cognitive effects of alcohol
- Environmental neurotoxins: effects on brain and behavior
- Understanding and working with autism spectrum disorders
- Review of aphasia classifications and other language processing disorders
- Recognizing catatonia and neuroleptic malignant syndrome
- Understanding executive functioning and making treatment recommendations
- Acquired visual processing disorders
- Understating and treating right hemisphere disorders
- Neurologic basis of memory, learning, and emotional processing
- Understanding and differentiating PTSD and TBI
- Overview of neuroplasticity
- Competency evaluation

Doctoral Intern Group Supervision

Doctoral interns are scheduled to participate in one hour of group supervision/case conference each week, led by a licensed supervising psychologist focusing on case presentation and procedural review. This format has been valuable to expanding the breadth of clinical exposure, as interns have an opportunity to participate in discussions related to treatment plan development and modification of additional clients served by other clinicians and interns. This format provides opportunities to learn from the varied backgrounds, areas of expertise, and styles of clinical conceptualization of other clinicians. Additionally, doctoral interns are provided with an opportunity to rehearse clear, concise, and well-articulated delivery of case formulations. Finally, this supervision experience provides an opportunity to review and ask questions regarding related administrative and procedural issues relevant to clinical treatment administration in a residential setting.

Doctoral interns are also scheduled to spend one hour a week as a group with the program's other psychology interns and supervisor in classroom observation. This permits opportunity for doctoral interns to observe behavior management difficulties and other barriers to optimal classroom participation as they occur, gain practice in functional analysis of triggering and sustaining contextual factors for target behaviors, and assess their client's interpersonal skills and coping. This supervision group has the opportunity to work together toward case conceptualization and intervention planning. Finally, ongoing classroom monitoring provides an opportunity to observe the effects of behavior plans implemented and to identify points for optimal modification.

Clinical Team Meeting

Each doctoral intern is scheduled to participate in a one hour weekly clinical team meeting, consisting of a board certified child and adolescent psychiatrist, psychology interns, the psychology team leader, treating psychologists, a certified behavior analyst, and program case managers. Doctoral interns have the opportunity to observe and become integrated into the processes of the interdisciplinary clinical team. With dual objectives of most beneficially treating consumers served within the child and adolescent treatment program and contributing to the development of the psychology interns' clinical skills, the intern will have the opportunity to dialogue with the child and adolescent psychiatrist to further their understanding of psychopharmacological interventions. Doctoral interns will also have the opportunity to develop their understanding of what behavior observations, monitoring, and conceptualizations are most beneficial in the process of guiding pharmacological interventions.

Core Treatment Team Meeting

The core treatment team meeting is a one hour weekly meeting that is a scheduled component of each doctoral intern's training. This meeting is led by the psychologist/director of child and adolescent residential services and includes psychology doctoral interns, classroom teachers, program case managers, and direct care staff. Doctoral interns have the opportunity to share in the process of identifying treatment targets, especially as they impact classroom performance, self-regulation, and interpersonal skills. They also have the opportunity to rehearse teaching and instruction, as they provide explanation and clarification of individualized behavior plans they are involved with generating.

Behavior Planning Meetings

Behavior planning is a meeting held every other week and is led by the psychologist/director of child and adolescent residential services along with a certified behavior analyst and direct care staff. This meeting provides an opportunity to understand the issues and concerns faced by direct care staff in a residential treatment setting. This meeting also serves an opportunity for doctoral interns to rehearse teaching of concepts and specific interventions to direct care personnel.

Staff Development Meetings

This is a meeting scheduled weekly that is attended by the psychologist/director of child and adolescent services, doctoral interns, and direct care staff for the purpose of providing explanation and review of residential policies and individualized behavior plans to bolster a unified team environment that is maximally capable of providing high quality and consistent interventions to support consumer's treatment goals. This is another opportunity for doctoral interns to learn about the residential treatment team process and rehearse training of direct care staff.

Interdisciplinary Treatment Team Staffings and IEP Meetings

Through their provision of assessment service, individual, group, and/or family therapies, doctoral interns function as a critical component to the interdisciplinary treatment teams of the consumers they serve. Lead by a program case manager, staffings are attended by doctoral interns and their supervisor on an ongoing basis while each consumer receives services at Lakeview. Staffing provide an opportunity to allow modeling by the supervisor of how to provide organized and effective communication of clinical assessment and intervention response information to various audiences, including consumers, family members, external case managers and school district representatives, etc. Additionally, staffings provide the doctoral intern with the opportunity to rehearse and develop their own skills in these important areas of collaboration and communication.

Treatment Group Co-Facilitation

Direct supervision and mentoring is also provided to doctoral interns through co-facilitation of psychotherapy, psycho-educational, and skills-building group therapies with their supervisors or other program psychologists. Co-facilitation provides an excellent opportunity to promote the intern's therapeutic skills through modeling and mentoring. It also provides a valuable context to build awareness of group process dynamics and of interpersonal variables through post-group de-briefings with the co-facilitator. Doctoral interns will be provided flexibility in selecting and initiating groups which are typically divided by age to address young children, adolescent, and adults (adults group therapies may be provided on the adult residential treatment program). Groups offered have included process oriented, skills-building, and psycho-educational formats. Typical groups may include coping skills group, anger management group, brain injury support group, adjustment to disability group, interpersonal skills and social boundaries group (including

basic sexual education curriculum), cognitive skills group, and an experiential group for non-verbal autistic children.

Orientation

At the beginning of the doctoral internship, all interns will attend a week long orientation series covering patient safety, infection control, Mandt training for handling behavioral crises, brain injury education, child abuse reporting, fire safety, medical records/ documentation/ confidentiality, HIPAA, computer use, abuse, ethics, therapeutic relationships, advance directives, etc. There is also discipline specific orientation reviewing policies and procedures utilized within the psychology and child and adolescent programs.

DOCTORAL INTERN EXAMPLE SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00			Indiv Tx	Staffing	
	Family Tx			Adult Group	
10:00	Class Room	Indiv Tx	Family Tx		
	Obs/Supervis	Staffing	Intiv Tx	Indiv Tx	Indiv Tx
11:00	Indiv Tx	Clinical Team	Pscyology.	Individual	Indiv Tx
	Individual	Meeting	Didactic	Supervision	Indiv Tx
12:00	Supervision		Seminar		
1:00	Indiv Tx	Indiv Tx	Case	Family Tx	Family Tx
	Behavior Plan		Conference	Indiv Tx	Indiv Tx
2:00	Meeting	Staff Dev.	Indiv Tx		
	Indiv Tx	Meeting		Core Team	Child
3:00	Indiv Tx	Indiv Tx	Indiv Tx	Meeting	Group
	Indiv Tx	Indiv Tx			(dissertation
4:00	Family Tx	Family Tx	Family Tx		prep.
					Time)
5:00			Child Group		

This weekly schedule notes individual and family therapy treatment schedules of one of our current doctoral interns. Each doctoral intern carries approximately 6-8 residential children/adolescents and 2 to 3 residential adults on their case load. Listings in bold identify supervised experiences and co-facilitated therapy groups that occur on a fixed weekly schedule. This schedule reflects the commitment of the training program at Lakeview to provide close and ongoing collaboration with supervisors and the psychology team to best support the intern's training experience.

FEEDBACK FROM SUPERVISORS

Quarterly Evaluations

Doctoral interns can expect to receive ongoing informal verbal feedback from supervisors throughout their rotation. The Lakeview Internship also understands that having a formal process for feedback to trainees is critical to the mission of demonstrating core competencies. Written feedback will be provided four times per year using a standard format that covers a range of core competencies that will be provided to the intern at the beginning of their training experience. Provision of quarterly written evaluations meets the strictest standards of states to which the doctoral interns may apply for licensure.

Formal Evaluations (mid-year and final)

The training supervisor conducts formal written evaluations of each intern mid-way through the training year and at the end of training that are forwarded to the Training Director of the intern's school. Lakeview will complete any evaluation forms specific to the doctoral intern's academic program when they are provided to Lakeview. The training supervisor evaluates the intern for adherence to ethical standards and legal professional guidelines, development of technical skills and competence, utilization of and approach to supervision, approach to professional growth, and ability to function independently as well as with core competencies with assessment and intervention skills.

CERTIFICATE OF INTERNSHIP

Upon successful completion of the internship in professional psychology, a certificate to that effect is awarded by Lakeview Specialty Hospital and Rehabilitation Center.

FINANCIAL SUPPORT AND BENEFITS

The budgeted stipend for 2014-2015 is \$17,500. Doctoral interns may also purchase group health insurance at the employee (subsidized) rate after 90 days. Hot meals and soup/salad bar are available to interns free of charge. Two weeks of personal leave time (10 work days) in addition to the major holidays are allowed. There is additional time off allotted for attending a limited number of continuing education workshops or conferences at the discretion of the training committee. Doctoral interns will have access to shared office space, supplies, computer, and telephone.

ELIGIBILITY

Applications are limited to students who are doctoral degree candidates in accredited clinical psychology, professional psychology, or counseling psychology programs. Applicants must also have documentation of completion of comprehensive examinations and certification of readiness for internship.

POLICY ON NONDISCRIMINATION

The doctoral internship training program in clinical psychology described in this training handbook subscribes to the policies and procedures of Lakeview Specialty Hospital and Rehabilitation Center regarding equal opportunities for employment and advancement. It is the policy of Lakeview that neither race, religion, color, creed, national origin, sex, age, political affiliation, nor handicapping condition is to be considered in the:

- Recruitment and selection of new employees, interns, and students
- Administration of disciplinary policies or termination for cause, and
- Availability of training opportunities and supervision.

We welcome applications from members of racial or other minority groups. Applicants will be accepted for training without respect to race or other minority-group membership.

STARTING AND ENDING DATES

The internship begins after Labor Day in September 2014 and ends on August 31st, 2015. Generally new interns are asked to be available on the last Thursday of August to meet with exiting doctoral interns. This day of overlap has been beneficial for introducing new doctoral interns to the program, providing them with an opportunity to ask questions about the internship from departing interns, and gaining clinical information from the departing doctoral interns regarding the child and adolescent cases they are about to become involved with. Interns are expected to work at least 40 hours per week for the year except for holidays and 2 weeks vacation for a total time commitment of at least 2,000 hours (a limited number of off-site conferences, training, or continuing education approved by the training director count toward this 2,000 hour requirement).

INTERNSHIP SUPERVISORS

Primary Supervisor

Jamie Roberts, Psy.D.

Director of Residential Services of Children

Angela Capuano, Psy.D.

Director of Training

Cindy Sorenson, Psy.D.

FACILITIES & MISSION

At **Lakeview Specialty Hospital and Rehabilitation Center**, our mission is to enable individuals with acquired brain injuries, neurobehavioral impairments and other complex medical disabilities to achieve the highest level of functional independence possible and to help those we serve realize their full human potential in a safe and respectful environment.

Lakeview is located on over 80 acres in Waterford, Wisconsin and provides an environment conducive to rehabilitation. The Rehabilitation Center offers core and specialized services with innovative programs tailored to the individual.

Due to the extensive experience, dedication and compassion of our licensed and certified staff, we can treat some of the most challenging and difficult to place individuals. At **Lakeview**, we are dedicated to the treatment of the individual served, not their diagnosis.

For more information about Lakeview, visit the web site at <http://www.lakeviewsystem.com>

HOW TO APPLY

Forward any questions to (email is preferred form of correspondence):

Cindy Sorenson, Psy.D., Psychology Training Director
1701 Sharp Road
Waterford, WI 53185
Phone: (262) 534-8570
Email: csorenson@lakeview.ws

Our Match number is **1916**

Lakeview requires a completed APPIC Application for Psychology Internship (AAPI), available from <http://www.appic.org>. with cover letter stating why the applicant is interested in the Lakeview Internship and letters of recommendation (3 preferred).

Applications are due by November 15th. Applicants may be invited for an interview after a review of application materials and will be notified by email. We arrange interviews for the mutual benefit of both the intern who seeks to meet with our staff to receive information on the program and staff to learn more about the intern's interests, experiences and fit with the program.

While a face-to-face interview is highly recommended, interviews by phone may be available. Lakeview will contact applicants by the interview notification date regarding interview status.

The doctoral internship program and Lakeview Specialty Hospital and Rehab abides by all APPIC Match policies. We follow the match policies as described on the APPIC web site (www.appic.org) and the National Matching Service (<http://www.natmatch.com/psychint>). This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. We will not communicate, solicit, accept, or use any ranking-related information prior to the release of the Match results. Also, the *only* information that internship programs may communicate to applicants prior to the release of the APPIC Match results is whether or not the applicants remain under consideration for admission.

Results of the APPIC Match constitute binding agreements between applicants and internship programs that may not be reversed unilaterally by either party. Doctoral interns accepted may be asked to submit a urine specimen as part of their pre-employment physical. All matched interns will need to submit TB test and criminal background check. Prospective interns must be able to pass the background check (for felony, sexual exploitation of clients, or abuse of a minor or other vulnerable population) which will be conducted after the Match before starting internship. Applicants who do not successfully pass this background check will be dismissed from the internship (see APPIC Match Policy 4a).